

**POWER & MUSCLE**

**WHEY**  
TRIPLE SOURCE  
**PROTEIN**

VANILLA DREAM – PROTEIN SUPPORTS MUSCLE GROWTH

PREPARE BEFORE DURING AFTER

**QUICK INFO**

- LACTOSE FREE
- GLUTEN FREE
- ACID FREE
- NO SWEETENERS
- NO ARTIFICIAL COLOURS
- NO PRESERVATIVES



**PRODUCT DESCRIPTION**

SPONSER® - WHEY PROTEIN Triple Source consists of a whey protein matrix based on concentrate, isolate and hydrolysate. It supports the constitution and the maintenance of muscle mass and convinces with an attractive price-performance ratio.

**Whey Protein concentrate**

Concentrate is only gained by gentle evaporation, however the product contains slightly more fat and carbohydrates than a pure whey protein isolate. The marginally lower protein content is compensated with a good price-performance ratio.

**Whey Protein isolate**

By a combination with Whey Protein Isolate, the percentage of protein is increased. Isolate, gained by cross-flow filtration, is the highest quality among protein powders and constitute 30% of the product Whey Triple Source.

**Whey Protein hydrolysate**

Enzymatically split, “pre-digested” protein and is therefore very quickly absorbed by the body.

**ADVANTAGES**

- Triple source matrix out of whey isolate, concentrate and hydrolysate
- 20 g high quality protein per serving
- attractive price-performance ratio.
- protein content of 78%

**APPLICATION**

To be taken approximately 30 minutes before or immediately after weight training or to supplement the daily protein intake according needs.

**INGREDIENTS**

Protein powder 95% (**Whey** protein concentrate, **whey** protein isolate, **whey** protein hydrolysate), flavours, emulsifier sunflower lecithin, thickener (E466, E412), vanilla extract 0.4%, vanilla pods, sweetener sucralose.

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# WHEY

## TRIPLE SOURCE

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### FLAVOURS

Vanilla 500 g (20-25 portions)  
 Chocolate 500 g (20-25 portions)

### NUTRITION FACTS

Nährwerte/valeurs nutritives/ nutrition facts	VANILLA DREAM			
	100 g		25 g**	
Energie/energy kJ (kcal)	1546 (365)		387 (91)	
Fett/lipides/fat	4.5 g		1.1 g	
davon gesättigte Fettsäuren/of which saturated fatty acids	2.1 g		0.5 g	
Kohlenhydrate/glucides/carbohydrates	2.7 g		0.7 g	
davon Zuckerarten/of which sugars	0.8 g		0.2 g	
Ballaststoffe/fibres alimentaires/fibres	1.0 g		0.3 g	
Eiweiss/protéines/protein	78 g		20 g	
Salz/sel/salt	0.65 g		0.16 g	
<b>Mineralstoffe/sels minéraux/minerals</b>	<b>%NRV*</b>		<b>%NRV*</b>	
Calcium	440 mg	55%	110 mg	14%
Kalium/potassium	500 mg	25%	113 mg	7%
Phosphor	300 mg	43%	75 mg	11%

Nährstoffbezugswerte/valeurs nutritionnelles de référence/nutrient reference values

\*\*Zubereitung mit Wasser/preparation with water. 100 ml ready-made preparation contains: 280 kJ (80 kcal)

Amino acids	G / 100 G REINPROTEIN		NON- ESSENTIAL		G/ 100 G REINPROTEIN	
Histidin	1.9		Alanin		5.2	
Isoleucin	6.4		Arginin		2.4	
Leucin	10.7		Asparagic acid		10.9	
Lysin	9.6		Glutamic acid		18.5	
Methionin + Cystein	4.6		Glycin		1.7	
Phenylalanin + Tyrosin	5.4		Prolin		6.2	
Threonin	7.0		Serin		5.1	
Tryptophan	1.9					
Valin	5.8				Biological value: 165	

Protein powder from whey protein concentrate, isolate and hydrolysate for the preparation of protein shakes. With vanilla flavour and sweetener.

Developed and manufactured in Switzerland

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