

FIT & WELL

MAGNESIUM 375

ENERGY METABOLISM + MUSCLE FUNCTION

**QUICK INFO** LACTOSE FREE GLUTEN FREE ACID FREE NO SWEETENERS NO ARTIFICIAL COLOURS NO PRESERVATIVES**PRODUCT DESCRIPTION**

Drinking ampoules with 375 mg of magnesium, the vitamins C and B6.

Magnesium has various functions in the organism, among others it supports the electrolyte balance and serves the normal muscle function. Magnesium and vitamin C contribute to a reduction of tiredness and fatigue.

Vitamin C serves the normal functioning of the nervous system. It contributes to the normal function of the immune system and the protection of cells from oxidative stress.

Vitamin B6 has also supporting effects in sport. Like vitamin C and magnesium, it supports the normal energy-yielding metabolism as well as the normal functioning of the nervous system. These 3 nutrients also contribute to a reduction of tiredness and fatigue.

ADVANTAGES

- **1 ampoule delivers 375 mg of magnesium (= 100% NRV)**
- **Enriched with vitamin C and B6**
- **Refreshing taste and without calories**

UTILISATION

Intake during physical activities or in everyday life. Take 1 flask per day.

Do not exceed recommendation; keep out of reach of children. Does not substitute for a well balanced and varied diet, which is important for our health as well as a healthy life style.

INGREDIENTS

Water, fructose, orange juice concentrate, magnesium citrate, acidulants (lactic acid, ascorbic acid), magnesium bisglycinate, vitamins (sodium ascorbate, pyridoxine hydrochloride), preservative potassium sorbate, sweeteners (steviol glycosides, sucralose, sodium saccharin), flavour.

FLAVOUR/PACKAGING

Exotic

Display 30 x 25 ml

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NUTRITION FACTS

TYPISCHE NÄHRWERTE/ VALEUR NUTRITIVE/ NUTRITION FACTS	PER 100 ML		PER AMPULLE/AMPOULE/FLASK (25 ML)	
Energie/energy kJ (kcal)	492 (115)		118 (27)	
Fett/lipides/fat	< 0.5 g		< 0.1 g	
davon gesättigte Fettsäuren/ dont acides gras saturés/ of which saturated fatty acids	< 0.1 g		0 g	
Kohlenhydrate/glucides/carbohydrates	19 g		4.9 g	
davon Zuckerarten/dont sucres/of which sugars	14 g		3.6 g	
Protein/protéines	1.1 g		< 0.5 g	
Salz/sel/salt	0.06 g		0.01 g	
VITAMINE/VITAMINES		%NRV*		%NRV*
C	160 mg	200%	40 mg	50%
B6	1.6 mg	114%	0.4 mg	30%
MINERALSTOFFE/SELS MINÉRAUX/MINERALS		%NRV*		%NRV*
Magnesium/magnésium	1500 mg	400%	375 mg	100%

*Nährstoffbezugswerte/valeurs nutritionnelles de référence/nutrient reference values

Ready-to-drink flasks containing magnesium, vitamin C and B6, with exotic fruits flavour.
With fructose and sweeteners.

Carefully developed in Switzerland, produced in Germany for

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