

ENERGY &amp; ENDURANCE

# ELECTROLYTES

LOW CALORY SPORTS DRINK

LEMON

**QUICK INFO**

- LACTOSE FREE
- GLUTEN FREE
- ACID FREE
- NO SWEETENERS
- NO ARTIFICIAL COLOURS
- NO PRESERVATIVES

**PRODUCT DESCRIPTION**

SPONSER® ELECTROLYTES compensates your body with the minerals sodium, magnesium, calcium, chloride and potassium, which it is normally losing through sweat. The low-calorie drink contains less than 10 calories per drink. Additionally enriched with zinc, which contributes to a normal fatty acid metabolism.

Intense activities demand for an adequate carbohydrate intake. Therefore, conventional sport drinks with moderate carbo-content of 60-80 g/1000 ml are still recommended. If you are exercising for endurance capacity or in matters of weight control a low carbohydrate intake could be effective. Therefore, Sponser developed a low-calorie sport drink with focus on electrolytes.

Small tube with 10 tabs.

**ADVANTAGES**

- **With the electrolytes sodium, magnesium, calcium, chloride and potassium**
- **zinc contributes to a normal fatty acid metabolism**
- **less than 0.1 g sugar per portion**
- **negligible energy content**
- **free from gluten and lactose**

**USE INSTRUCTION**

Add 1 tablet to 500-750 ml of water per hour of activity.

As part of varied and balanced diet and a healthy lifestyle.

FIT&WELL

# ELECTROLYTES

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## INGREDIENTS

Acidulants (citric acid, malic acid), sodium bicarbonate, sodium chloride, potassium citrate, humectant sorbitol, inulin, calcium carbonate, magnesium carbonate, flavour, sweetener sucralose, zinc citrate, colour riboflavin.

## FLAVOURING / PACKAGING

FruitMix	45 g	10 Tabl. à 4.5 g
Lemon	45 g	10 Tabl. à 4.5 g
Red Orange	45 g	10 Tabl. à 4.5 g

## NUTRITION FACTS

Nährwerte/nutrition facts	100 g	1 Portion = 4.5 g (1 Tabl.)		
Energie/energy kJ (kcal)	796 (190)	37 (9)		
Fett/fat	0 g	0 g		
davon gesättigte Fettsäuren/of which saturated fatty acids	0 g	0 g		
Kohlenhydrate/carbohydrates	5.4 g	0.2 g		
davon Zuckerarten/of which sugars	0.4 g	< 0.1 g		
Eiweiss/protein	0 g	0 g		
Salz/salt	22.40 g	1.01 g		
Mineralstoffe/minerals	%NRV*	%NRV*		
Natrium/sodium	8890 mg	--	400 mg	--
Magnesium	440 mg	117%	20 mg	5%
Calcium	890 mg	111%	40 mg	5%
Chlorid(e)	4445 mg	556%	200 mg	25%
Kalium/potassium	2220 mg	111%	100 mg	5%
Zink/zinc	67 mg	670%	3.0 mg	30%

\*NRV, nutrient reference values

100 ml fertige Zubereitung enthalten (1 Tab in 750 ml) 5 kJ (1 kcal).

Low-calorie effervescent electrolyte drink tablets for sportsmen. Lemon flavoured, with sweetener.

Carefully developed in Switzerland. Produced in Germany

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