ENERGY & ENDURANCE

ELECTROLYTES

LOW CALORY SPORTS DRINK

LEMON

QUICK INFO

- [x] LACTOSE FREE
- [x] GLUTEN FREE
- [ ] ACID FREE
- [ ] NO SWEETENERS
- [x] NO ARTIFICIAL COLOURS
- [x] NO PRESERVATIVES

PRODUCT DESCRIPTION

SPONSER® ELECTROLYTES compensates your body with the minerals sodium, magnesium, calcium, chloride and potassium, which it is normally losing trough sweat. The low-calorie drink contains less than 10 calories per drink. Additionally enriched with zinc, which contributes to a normal fatty acid metabolism.

Intense activities demands for an adequate carbohydrate intake. Therefore, conventional sport drinks with moderate carbo-content of 60-80 g/1000 ml are still recommended. If you are exercising for endurance capacity or in matters of weight control a low carbohydrate intake could be effectfull. Therefore, Sponser developed a low-calorie sport drink with focus on electrolytes.

Small tube with 10 tabs.

ADVANTAGES

- **With the electrolytes sodium, magnesium, calcium, chloride and potassium**
- **zinc contributes to a normal fatty acid metabolism**
- **less than 0.1 g sugar per portion**
- **negligible energy content**
- **free from gluten and lactose**

USE INSTRUCTION

Add 1 tablet to 500-750 ml of water per hour of activity.

As part of varied and balanced diet and a healthy lifestyle.

FIT&WELL

ELECTROLYTES

INGREDIENTS

Acidulants (citric acid, malic acid), sodium bicarbonate, sodium chloride, potassium citrate, humectant sorbitol, inulin, calcium carbonate, magnesium carbonate, flavour, sweetener sucralose, zinc citrate, colour riboflavin.

FLAVOURING / PACKAGING

FruitMix	45 g	10 Tabl. à 4.5 g
Lemon	45 g	10 Tabl. à 4.5 g
Red Orange	45 g	10 Tabl. à 4.5 g

NUTRITION FACTS

Nährwerte/nutrition facts		**100 g**		**1 Portion = 4.5 g (1 Tabl.)**
Energie/energy kJ (kcal)		796 (190)		37 (9)
Fett/fat		0 g		0 g
davon gesättigte Fettsäuren/of which saturated fatty acids		0 g		0 g
Kohlenhydrate/carbohydrates		5.4 g		0.2 g
davon Zuckerarten/of which sugars		0.4 g		< 0.1 g
Eiweiss/protein		0 g		0 g
Salz/salt		22.40 g		1.01 g
Mineralstoffe/minerals		**%NRV***		**%NRV***
Natrium/sodium	8890 mg	--	400 mg	--
Magnesium	440 mg	117%	20 mg	5%
Calcium	890 mg	111%	40 mg	5%
Chlorid(e)	4445 mg	556%	200 mg	25%
Kalium/potassium	2220 mg	111%	100 mg	5%
Zink/zinc	67 mg	670%	3.0 mg	30%

*NRV, nutrient reference values

100 ml fertige Zubereitung enthalten (1 Tab in 750 ml) 5 kJ (1 kcal).

Low-calorie effervescent electrolyte drink tablets for sportsmen. Lemon flavoured, with sweetener.

Carefully developed in Switzerland. Produced in Germany

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