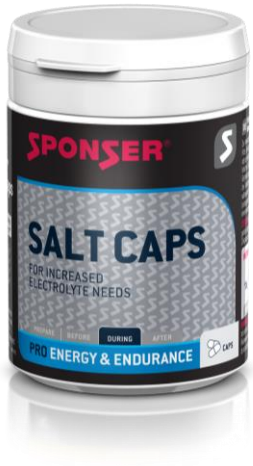
PRO ENERGY & ENDURANCE

SALT CAPS

PREPARE | BEFORE | DURING | AFTER

QUICK INFO

- X LACTOSE FREE
- X GLUTEN FREE
- X ACID FREE
- X NO SWEETENERS
- X NO ARTIFICIAL COLOURS
- X NO PRESERVATIVES
- X VEGAN



PRODUCT DESCRIPTION

Electrolytes blend to use during prolonged endurance and multi-day performances in the heat.

2 Salt Caps in combination with water work well as an energy-free electrolyte drink. Appropriate to promote the fat metabolism during low glycogene training.
In combination with carbohydrates you can create your own “self-made” sports drink.

Carbohydrate-electrolyte solutions enhance the absorption of water during physical exercise and contribute to the maintenance of endurance performance during longlasting endurance exertions. Furthermore, Zinc contributes to a normal fatty acid metabolism.

ADVANTAGES

- **2 capsules with 400 mg sodium, correspond to 750-1000 ml sport drink**
- **Practical intake thanks capsules**
- **Prior or during competitions in hot climate**
- **Appropriate for an individualised electrolyt intake**

UTILISATION

Intake of the capsules with sufficient water or open the capsules and add the powder to water or other solutions.

Adding the content of 2 capsules in a 500 ml drink containing carbohydrates creates a suitable carbohydrate-electrolyt solution for sport (sport drink).

Consider sodium content of other drinks or food ingested concurrently. Do not exceed recommendations. Keep out of children’s reach. Does not substitute for a varied and balanced diet.

INGREDIENTS

sodium chloride, vegetable capsule (E1204), calcium citrate, sodium citrate, potassium citrate, magnesium citrate, potassium chloride, zinc gluconate, antiagglomerant magnesium stearate.
1 capsule = 940 mg

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PACKAGING

120 capsules per can (20 daily rations)

NUTRITION FACTS

	1 Portion = 2 Kapseln/caps.		6 Kapseln/caps.**	
Natrium/sodium	400 mg	--	1200 mg	--
Magnesium	20 mg	5%*	60 mg	15%*
Calcium	40 mg	5%*	120 mg	15%*
Kalium/potassium	100 mg	5%*	300 mg	15%*
Zink/zinc	3.0 mg	30*	9.0 mg	90%*

*NRV, nutrient reference values **Tagesration/daily ration

Electrolytes in capsules for sportsmen. Food supplement

Carefully produced in Switzerland

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