

ENERGY

HIGH ENERGY BAR

SALTY NUTS

PREPARE

BEFORE

DURING

AFTER

QUICK INFO

X LACTOSE FREE

GLUTEN FREE

X ACID FREE

X NO SWEETENERS

X NO ARTIFICIAL COLOURS

X NO PRESERVATIVES



PRODUCT DESCRIPTION

The ideal high quality cereal bar with short, medium and long chain carbohydrates for a progressive energy supply as well as oatmeal rich in betaglucons.

With double content of sodium compared to the conventional High Energy Bar.

ADVANTAGES

- **very high energy density**
- **double sodium content compared to the existing High Energy Bars**
- **pleasant consistency for sport**

UTILISATION

For energy provisions take about 1 hour before and, depending on the intensity and the tolerance, also during the performance. It is also suitable as snack in everyday life.

INGREDIENTS

Oat flakes, glucose-fructose syrup, rice crisps (rice flour, **wheat** gluten, sugar, **wheat** malt, glucose, salt), fructose, maltodextrin, glucose, **peanuts** 7%, rice flour, raisins 3%, **wheat** starch, **almonds** 1.5%, sea salt, flavours. May contain traces of other nuts and seeds.

FLAVOURS/PACKAGING

Salty Nuts	Display 30 x 45 g
Apricot Vanilla	Display 30 x 45 g
Banana	Display 30 x 45 g
Berry	Display 30 x 45 g

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PAGE 2

NUTRITION FACTS

NUTRITION FACTS	PER 100 G	BAR 45 G
energy kJ (kcal)	1600 (380)	720 (172)
fat	6.5 g	2.9 g
of which saturated fatty acids	1.1 g	0.5 g
carbohydrates	70 g	31 g
of which sugars	35 g	16 g
fibres	5.5 g	2.5 g
protein	7.2 g	3.3 g
salt	1.13 g	0.51 g
MINERALS		
sodium	440 mg	200 mg

Performance energy bar with oat flakes, peanuts and almonds. Salty taste.

Developped in Switzerland, carefully produced in Netherlands.

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