

# ENERGY **POWER GUMS** 59 G CARBS + 150 MG CAFFEINE

**FRUIT MIX** 

### **QUICK INFO**

Х	LACTOSE FREE		
Х	GLUTEN FREE		
	ACID FREE		
Х	NO SWEETENERS		
	NO ARTIFICIAL COLOURS		
	NO PRESERVATIVES		



#### **PRODUCT DESCRIPTION**

Thanks to the caffeine they contain, the handy POWER GUMS by SPONSER® improve the endurance performance and the concentration. One bag of 10 gums contains 59 g of carbohydrates out of glucose. They are enriched with 150 mg of caffeine, which represents the caffeine content of 2-3 cups of coffee. They are suitable for intensive and long training units as a supplement or as alternative to conventional gels or bars.

Additionally enriched with vitamins of the B group:

- Vitamin B2 (43% of the NRV per bag) plays a role in the energy metabolism.
- Pantothenic acid (50% of the NRV) contributes to normal energy-yielding metabolic process.
- Niacin (47% of the NRV) serves the energy and vitality of the whole organism.
- Vitamin B6 (64% of the NRV) supports the protein and energy metabolism.
- Vitamin B12 (24% of the NRV) supports the formation of red blood cells.

\*NRV = nutrient reference value

Further enriched with taurine and glucuronolactone.

Also available in the cola variant without caffeine and without vitamins, but with the electrolytes sodium, magnesium, potassium, calcium and chloride.

#### **ADVANTAGES**

- Quick and handy energy source
- Caffeine for a better performance
- Enriched with vitamins

#### UTILISATION

Appropriate as quickly available energy snack during sport.

Contains caffeine. Not recommended for children, pregnant/breastfeeding women. Do not exceed daily recommendation of 26 pcs. As part of a varied and balanced diet and a healthy lifestyle.



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#### **INGREDIENTS**

Glucose syrup, sucrose, gelatine, humectant sorbitol, dextrose, acidulant citric acid, antioxidant ascorbic acid, flavour, taurine, glucuronolactone, maltodextrin, flavour caffeine, vitamins (nicotinamide, pantothenic acid, riboflavin, pyridoxine hydrochloride, cyanocobalamin), glacing agent (fatty acids\*, bee wax), colouring carmine. \*medium chain triglycerides from canola and coconut oil

#### **FLAVOUR/PACKAGING**

Fruit Mix	Display 20 x 75 g (1 portion= 75 g)
Cola	Display 20 x 75 g (1 portion = 75 g)

#### **NUTRITION FACTS**

Nährwerte/nutrition facts		100 g	(	75 g 10 Stk/pcs.)
Energie/energy kJ (kcal)	1	450 (340)		1090 (255)
Fett/fat		0.2 g	0.15 g	
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saturated fatty acids		< 0.2 g		< 0.15 g
Kohlenhydrate/carbohydrates		78 g		59 g
davon Zuckerarten/of which sugars		45 g		34 g
Eiweiss/protein		6.2 g		4.7 g
Salz/salt		0.07 g		0.05 g
Vitamine/vitamins		%NRV*		%NRV*
B2	0.8 mg	57%	0.6 mg	43%
Niacin(e)	10 mg	63%	7.5 mg	47%
Pantothensäure/pantothenic acid	4.0 mg	67%	3.0 mg	50%
B6	1.2 mg	86%	0.9 mg	64%
B12	0.8 µg	32%	0.6 µg	24%

\*Nährstoffbezugswerte/nutrient reference values

Per 100 g (75 g): Vitamin B2

Koffein/caffeine 200 mg (150 mg), Taurin 780 mg (500 mg), Glucuronolacton 460 mg (345 mg)

Energy jellies for sports people, with caffeine, vitamins and taurine. Mixed fruits flavoured.

Carefully produced in Switzerland

Sponser Sport Food AG CH-8832 Wollerau www.sponser.ch Sponser Europe GmbH D-88131 Lindau www.sponser.de