

ENERGY & ENDURANCE

# HIGH ENERGY BAR

68% CARBO 8% PROTEIN

APRICOT VANILLA

PREPARE BEFORE DURING AFTER

## QUICK INFO

- LACTOSE FREE
- GLUTEN FREE
- ACID FREE
- NO SWEETENERS
- NO ARTIFICIAL COLOURS
- NO PRESERVATIVES



## PRODUCT DESCRIPTION

The ideal high quality cereal bars with short, medium and long chain carbohydrates for a progressive energy supply, based on sugars types and oat. Medium chain vegetable oils (MCT) supply additional energy.

## ADVANTAGES

- **Very high energy density**
- **Established product in high-performance sports**

## UTILISATION

For energy provisions take about 1 hour before and, depending on the intensity and the tolerance, also during the performance. It is also suitable as snack in everyday life.

## INGREDIENTS

Fructose-glucose syrup, glucose syrup, rice crisp (rice, **wheat** malt, glucose, sugar, salt), **oat** bran 14%, maltodextrin, dried apricots 6% (contains **sulphite**), coconut and rapeseed oil 5.7% (MCT<sup>1</sup>), **milk** protein (contains lactose), **oat** flakes 4.3%, potatoe starch, flavour, acidulant citric acid. May contain traces of **soya** and **nuts**.

## FLAVOURS/PACKAGING

Apricot-Vanilla	Display 30 x 45 g
Berry	Display 30 x 45 g
Banana	Display 30 x 45 g
Salty	Display 30 x 45 g

ENERGY & ENDURANCE

# HIGH ENERGY BAR

68% CARBO 8% PROTEIN

APRICOT VANILLA

PAGE 2

## NUTRITION FACTS

Nährwerte/valeurs nutritives/nutrition facts	100 g	1 Riegel/ bar(re)
Energie/energy kJ (kcal)	1597 (378)	717 (170)
Fett/lipides/fat	7.3 g	3.3 g
davon gesättigte Fettsäuren/ of which saturates (incl. MCT <sup>1</sup> )	5.9 g	2.7 g
Kohlenhydrate/glucides/carbohydrates	68 g	31 g
davon Zuckerarten/of which sugars	25 g	11 g
Ballaststoffe/fibres alimentaires/fibres	3.4 g	1.5 g
Eiweiss/protéines/protein	7.9 g	3.5 g
Salz/sel/salt	0.25 g	0.13 g

per 100 g (45 g): Natrium/sodium 100 mg (50 mg), MCT<sup>1</sup> 5.7 g (2.6 g)

<sup>1</sup>MCT: mittelkettige Fettsäuren/acides gras à chaîne moyenne/medium-chain fatty acids

High Energy bar with oat and oat branch for athletes. Apricot-vanilla flavoured.

Developped and produced in Switzerland.

Sponser Sport Food AG  
CH-8832 Wollerau  
www.sponser.ch

Sponser Europe GmbH  
D-88131 Lindau  
www.sponser.de

15031/08