

POWER & MUSCLE

WHEY TRIPLE SOURCE PROTEIN

SWISS CHOCOLATE – PROTEIN SUPPORTS MUSCLE GROWTH

PREPARE	BEFORE	DURING	AFTER
QUICK INFO			
<input type="checkbox"/> LACTOSE FREE			
<input checked="" type="checkbox"/> GLUTEN FREE			
<input type="checkbox"/> ACID FREE			
<input type="checkbox"/> NO SWEETENERS			
<input checked="" type="checkbox"/> NO ARTIFICIAL COLOURS			
<input checked="" type="checkbox"/> NO PRESERVATIVES			
<input type="checkbox"/> VEGAN			



PRODUCT DESCRIPTION

SPONSER® - WHEY PROTEIN Triple Source consists of a whey protein matrix based on concentrate, isolate and hydrolysate. It supports the constitution and the maintenance of muscle mass and convinces with an attractive price-performance ratio.

Whey Protein concentrate

Concentrate is only gained by gentle evaporation, however the product contains slightly more fat and carbohydrates than a pure whey protein isolate. The marginally lower protein content is compensated with a good price-performance ratio.

Whey Protein isolate

By a combination with Whey Protein Isolate, the percentage of protein is increased. Isolate, gained by cross-flow filtration, is the highest quality among protein powders and constitute 30% of the product Whey Triple Source.

Whey Protein hydrolysate

Enzymatically split, "pre-digested" protein and is therefore very quickly absorbed by the body.

ADVANTAGES

- Triple source matrix out of whey isolate, concentrate and hydrolysate
- 19 g high quality protein per serving
- attractive price-performance ratio.
- protein content of 74%

APPLICATION

To be taken approximately 30 minutes before or immediately after weight training or to supplement the daily protein intake according needs.

INGREDIENTS

Protein powders 90% (**whey** protein concentrate, **whey** protein isolate, **whey** protein hydrolysate), defatted cocoa powder 8%, emulsifier sunflower lecithin, thickeners (E466, E412), flavour, sweetener sucralose.

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PAGE 2

FLAVOURS

Vanilla 500 g (20-25 servings)
Chocolate 500 g (20-25 servings)

NUTRITION FACTS

Nährwerte/valeurs nutritives/ nutrition facts	SWISS CHCOLATE	
	100 g	25 g**
Energie/energy kJ (kcal)	1510 (357)	377 (89)
Fett/lipides/fat	5.1 g	1.3 g
davon gesättigte Fettsäuren/of which saturated fatty acids	2.6 g	0.7 g
Kohlenhydrate/glucides/carbohydrates	2.0 g	0.5 g
davon Zuckerarten/of which sugars	0.3 g	0.1 g
Ballaststoffe/fibres alimentaires/fibres	3.6 g	0.9 g
Eiweiss/protéines/protein	74 g	19 g
Salz/sel/salt	0.60 g	0.15 g
Mineralstoffe/sels minéraux/minerals	%NRV*	%NRV*
Calcium	400 mg 50%	100 mg 13%
Kalium/potassium	1000 mg 50%	250 mg 13%
Phosphore	350 mg 50%	88 mg 13%

Nährstoffbezugswerte/valeurs nutritionnelles de référence/nutrient reference values

**Zubereitung mit Wasser/preparation with water

100 ml ready-made preparation contains: 280 kJ (80 kcal)

Amino acids			
ESSENTIAL	G / 100 G PROTEIN PURE	NON- ESSENTIAL	G/ 100 G PROTEIN PURE
Histidin	1.9	Alanin	5.3
Isoleucin	6.8	Arginin	2.4
Leucin	11.2	Asparagic acid	11.3
Lysin	9.9	Glutamic acid	19.1
Methionin + Cystein	4.6	Glycin	1.9
Phenylalanin + Tyrosin	6.1	Prolin	6.5
Threonin	7.2	Serin	5.0
Tryptophan	2.0		
Valin	6.2	Biological value: 165	

Protein powder from whey protein concentrate, isolate and hydrolysate for the preparation of protein shakes. With chocolate flavour and sweetener.

Developed and manufactured in Switzerland

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