

## **POWER & MUSCLE**

# **BCAA**

LEUCINE, ISOLEUCINE, VALINE

**RATIO 3:1:1** 





#### PRODUCT DESCRIPTION

Capsules with the branched chain amino acids (BCAA) leucine, valine, and isoleucine in the proportion of 3:1:1.

Protein contributes to a growth of muscle mass and its maintenance. Branched chain amino acids are quicker available in comparison to intact proteins.

# **ADVANTAGES**

- Proportion of 3:1:1
- Targeted supplementation of the 3 essential amino acids
- Neutral tasting capsules, easy dosage

# **UTILISATION**

Depending on body weight take 4-8 capsules each before and immediately after exertion. As part of a varied and balanced diet and a healthy lifestyle. Keep out of children's reach. Do not exceed the stated recommended daily dose.

Should not be used as a substitute for a varied diet.

#### **INGREDIENTS**

L-leucine, L-isoleucine, L-valine, anti-agglomerant magnesium stearate, capsule enveloppe : (E464).

### FLAVOUR/PACKAGING

Neutral

255 g can (350 Capsules) (35 daily rations)



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# **NUTRITION FACTS**

	PER 100 G	PER CAPS.	PER 10 CAPS.
		(730 MG)	(7.3 G)
energy kJ (kcal)	1514 (358)	11 (2.6)	112 (26)
fat	0 g	0 g	0 g
of which saturated fatty acids	0 g	0 g	0 g
carbohydrates	0 g	0 g	0 g
of which sugars	0 g	0 g	0 g
fibres	15 g	0.1 g	1.2 g
protein	82 g	0.6 g	6.0 g
salt	0 g	0 g	0 g
AMINO ACIDS			
L-Leucine	49.5 g	360 mg	3.6 g
L-Isoleucine	16.5 g	120 mg	1.2 g
L-Valine	16.5 g	120 mg	1.2 g

CAPSULES WITH L-LEUCINE, L-ISOLEUCINE AND L-VALINE.

Produced in Belgium – carefully bottled in Switzerland by

Sponser Sportnahrung AG CH-8832 Wollerau

Sponser Europe GmbH D-88131 Lindau