

| Körpergrösse | Empfohlene Grösse normal | Empfohlene Grösse MTB |
|--------------|--------------------------|----------------------------|
| 150-160 cm | 42-47 cm | 33-38cm (13"-15" Zoll) |
| 160-170 cm | 47-50 cm | 38-43cm (15"-17" Zoll) |
| 170-175 cm | 50-54 cm | 42-45cm (16,5"-17,5" Zoll) |
| 175-180 cm | 54-56 cm | 44-47cm (17,5"-18,5" Zoll) |
| 180-185 cm | 56-58 cm | 46-49cm (18"-19" Zoll) |
| 185-190 cm | 58-60 cm | 49-52cm (19"-20,5" Zoll) |
| 190-200 cm | 60-65 cm | 51-58cm (20,5"-23" Zoll) |
| >200 cm | >66cm | >58cm |

| Taille | Taille recommandée normale | Taille recommandée VTT |
|------------|----------------------------|------------------------------|
| 150-160 cm | 42-47 cm | 33-38cm (13"-15" pouces) |
| 160-170 cm | 47-50 cm | 38-43cm (15"-17" pouces) |
| 170-175 cm | 50-54 cm | 42-45cm (16,5"-17,5" pouces) |
| 175-180 cm | 54-56 cm | 44-47cm (17,5"-18,5" pouces) |
| 180-185 cm | 56-58 cm | 46-49cm (18"-19" pouces) |
| 185-190 cm | 58-60 cm | 49-52cm (19"-20,5" pouces) |
| 190-200 cm | 60-65 cm | 51-58cm (20,5"-23" pouces) |
| >200 cm | >66cm | >58cm |

| Altezza | Dimensione raccomandata normale | Dimensione raccomandata MTB |
|------------|---------------------------------|-------------------------------|
| 150-160 cm | 42-47 cm | 33-38cm (13"-15" pollici) |
| 160-170 cm | 47-50 cm | 38-43cm (15"-17" pollici) |
| 170-175 cm | 50-54 cm | 42-45cm (16,5"-17,5" pollici) |
| 175-180 cm | 54-56 cm | 44-47cm (17,5"-18,5" pollici) |
| 180-185 cm | 56-58 cm | 46-49cm (18"-19" pollici) |
| 185-190 cm | 58-60 cm | 49-52cm (19"-20,5" pollici) |
| 190-200 cm | 60-65 cm | 51-58cm (20,5"-23" pollici) |
| >200 cm | >66cm | >58cm |