

PRO POWER & MUSCLE

WHEY ISOLATE 94

MANGO

PREPARE

BEFORE

DURING

AFTER

QUICK INFO

- LACTOSE FREE
- GLUTEN FREE
- ACID FREE
- NO SWEETENERS
- NO ARTIFICIAL COLOURS
- NO PRESERVATIVES



PRODUCT DESCRIPTION

The proteins support growth in the muscle mass and its maintenance. SPONSER® WHEY ISOLATE 94 is a whey protein isolate with an extremely high protein content of 94% in dry substance. The manufacturing through cross flow microfiltration (micro and afterwards ultra filtration, no ion exchange) guarantees the best possible conservation and concentration of valuable protein fractions in their tertiary and quaternary structure, which gets otherwise lost during the ion exchange. At the same time, this technology allows the lowest fat content and no lactose for the highest biological value (170 according to Oser).

ADVANTAGES

- **Lactose free, gluten free**
- **Best possible protein quality through cross-flow microfiltration**
- **High content in essential amino acids, especially in BCAA (250 mg/g pure protein)**
- **Neutral version ideal for protein enrichment of other nutrients or beverages. Good solubility**
- **Water-soluble**

UTILISATION

To be taken up to 30 min before or right after training.

2 scoops (approx. 20 g) + approx. 200 ml of milk. If preparing with water, increase amount of powder. As part of a varied and balanced diet and a healthy lifestyle.

INGREDIENTS

Whey protein isolate 94% (Ireland), flavours, acidulant citric acid, colouring paprika extract, emulsifier sunflower lecithin, sweetener sucralose.

FLAVOURS/PACKAGING

Strawberry, Vanilla, Chocolate, Mango, Yoghurt-Lemon
Neutral, Banana, Vanilla, Chocolate, Caffè Latte
Vanilla
All flavours
Neutral, Vanilla, Chocolate, Strawberry, Banana

425 g can (21 servings)
850 g can (42 servings)
Display 20 x 20 g
Bag 1500 g (60-75 servings)
Can 1500 g (60-75 servings)

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NUTRITION FACTS

Nährwerte/valeurs nutritives/nutrition facts	100 g	1 Portion**		
Energie/energy kJ (kcal)	1570 (370)	390 (92)		
Fett/lipides/fat	1.5 g	0.4 g		
davon gesättigte Fettsäuren/of which saturated fatty acids	0.6 g	0.2 g		
Kohlenhydrate/glucides/carbohydrates	2.5 g	0.6 g		
davon Zuckerarten/of which sugars	0.3 g	< 0.1 g		
Eiweiss/protéines/protein	85 g	21 g		
Salz/sel/salt	0.78 g	0.20 g		
Mineralstoffe/sels minéraux/minerals	%NRV*	%NRV*		
Calcium	380 mg	48%	95 mg	12%
Phosphor(e)/phosphorus	220 mg	31%	55 mg	8%
Kalium/potassium	470 mg	24%	118 mg	6%

*NRV, nutrient reference values; **1 Portion = 25 g + 150 ml Wasser.

100 ml fertige Zubereitung enthalten 260 kJ (61 kcal).

amino acids per 100 g of pure protein		
essentials	histidine	1.9 g
	isoleucine	7.1 g
	leucine	11.6 g
	lysine	10.1 g
	methionine + cysteine	4.3 g
	phenylalanine + tyrosine	6.6 g
	threonine	8.3 g
	tryptophan	2.0 g
	valine	6.2 g
non-essentials	alanine	5.5 g
	arginine	1.9 g
	aspartic acid	11.5 g
	glutamic acid	20.5 g
	glycine	1.7 g
	proline	6.1 g
	serine	4.6 g

Biological value (Oser): 170 (whole egg = 155)

Total BCAA (leucine, isoleucine, valine): 250 mg/g of pure protein

Whey protein isolate. With sweeteners, Mango flavoured.

Carefully produced in Switzerland for Sponser:

Sponser Sport Food AG
CH-8832 Wollerau
www.sponser.ch

Sponser Europe GmbH
D-88131 Lindau
www.sponser.de

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