

ENERGY & ENDURANCE

COMPETITION®

HYPOTONIC SPORTDRINK

FRUIT MIX

REPAIR BEFORE DURING AFTER

QUICK INFO

- X LACTOSE FREE
- X GLUTEN FREE
- X ACID FREE
- X NO SWEETENERS
- X NO ARTIFICIAL COLOURS
- X NO PRESERVATIVES



PRODUCT DESCRIPTION

COMPETITION® is an acid free sports drink for high energy needs, made out of a large mix of carbohydrates with different glycemic Index and electrolytes, free from added fructose. Thanks to its special composition and its neutral and very light flavouring, Competition® is also optimally appropriate in high concentrations and intensities.

Enriched with the electrolytes sodium, calcium, magnesium, potassium and chloride. Calcium plays an important role in the energy metabolism and in association with magnesium and potassium it contributes to normal muscle function.

Appropriate to support the physical performance during endurance exercise as well as for rehydration of the fluid losses after physical activities.

ADVANTAGES

- **Free of acid, it is a pH neutral competition drink**
- **Free from added fructose**
- **Hypotonic also with a dosage of 100g/liter**
- **High molecular starch hydrolysates with a very low osmolarity**
- **Isomaltulose (glucose + fructose) and trehalose (glucose + fructose)**

UTILISATION

Sports drink for the highest energy needs and demands. Also suitable for carboloading.

Dietary supplements do not substitute for a varied and balanced diet and a healthy lifestyle.

INGREDIENTS

Starch hydrolysates (**barley** [free from gluten], rice) 25%, glucose, maltodextrin, sucrose, isomaltulose 8.5%, trehalose 6 %, 5 minerals (sodium citrate, calcium lactate, magnesium citrate, sodium chloride, potassium citrate), flavours, colour vegetables extract.

FLAVOURS/PACKAGING

Neutral, Orange, Citrus, Raspberry, Fruit Mix,
Neutral, Orange, Citrus, Raspberry, Fruit Mix, Cool Mint
Orange

800 g bag (= 10 Liter)
1000 g can (= 12-17 Liter)
Display 20 x 60 g (= 15 Liter)

ENERGY & ENDURANCE

COMPETITION®

HYPOTONIC SPORTDRINK

FRUIT MIX

PAGE 2

NUTRITION FACTS

Nährwerte/valeur nutritive/nutrition facts/ næringsinnhold/Næringsinnehåll	100 g		60 g**	
Energie/energy/energi kJ (kcal)	1630 (383)		986 (232)	
Fett/lipides/fat/vetten	0 g		0 g	
davon gesättigte Fettsäuren/of which saturated fatty acids/hvorav/heraf/andel mettede/mättade fettsyrer	0 g		0 g	
Kohlenhydrate/glucides/carbohydrates/ karbohydrater/kulhydrater/kolhydrater	96 g		58 g	
davon Zuckerarten/of which sugars/hvorav/heraf/andel sukkerarter/sockerarter	51 g		30 g	
Eiweiss/protéines/protein(er)	0 g		0 g	
Salz/sel/salt	1.45 g		0.87 g	
Mineralstoffe/sels minéraux/minerals/mineraler	%NRV*		%NRV*	
Natrium/sodium	580 mg	--	350 mg	--
Calcium/kalsium	60 mg	8%	35 mg	4%
Magnesium	45 mg	12%	25 mg	7%
Kalium/potassium	85 mg	4%	50 mg	3%
Chlorid(e)/chlorure/klorid	225 mg	28%	135 mg	19%

*Nährstoffbezugswerte/valeurs nutritionnelles de référence/nutrient reference values/av referanseverdien/referensvärden

**zubereitet mit/prepared with 750 ml Wasser/water
100 ml fertige Zubereitung enthalten 130 kJ (31 kcal)

BACKGROUND INFORMATION

- Jentjens et al. (2004): High oxidation rates from combined carbohydrates ingested during exercises. Med Sci Sport Exerc 36(9): 1551-1558.

Sports drink powder with electrolytes. Fruit mix flavoured.

Carefully produced in Switzerland

Sponser Sport Food AG
CH-8832 Wollerau
www.sponser.ch

Sponser Europe GmbH
D-88131 Lindau
www.sponser.de