

FIGURE&SHAPE

PROTEIN SHAKE

+ L-CARNITINE + CHOLINE

VANILLA



QUICK INFO

- LACTOSE FREE
- GLUTEN FREE
- ACID FREE
- NO SWEETENERS
- NO ARTIFICIAL COLOURS
- NO PRESERVATIVES



PRODUCT DESCRIPTION

SPONSER® PROTEIN SHAKE - Delicious milkshake with a high biological value thanks to milk and egg proteins. Protein supports the growth as well as the maintenance of muscle mass and is particularly important within the framework of a reduced calorie nutrition plan.

This low carbohydrate Protein Shake can be integrated in a healthy nutrition plan with high quality proteins and a defined proportion of complex carbohydrates (low carb). It is suitable as part of a meal in combination with fruit, vegetables and salads.

Enriched with L-carnitine in CarniPure® quality and with choline, which contributes to a normal lipid metabolism.

ADVANTAGES

- With 300 mg L-carnitine per portion
- 1 portion (25 g powder + 300 ml of low fat or skimmed milk) covers about ¼ of the daily needs in 10 selected vitamins
- Enriched with precious food fibres
- Enriched with choline
- Easy preparation with a shaker

UTILISATION

2-3 times a day, take 1 shake together with salad, vegetables or fruits as wished. In addition sugar free drinks like tee or water.

Take approx. 2 scoops (25 g) + 250-300 ml of milk (= approx. 25 g of protein) in a shaker/mixer. If preparing with water, increase amount of powder.

As part of a varied and balanced diet and a healthy lifestyle.

INGREDIENTS

Protein powder, 85% (milk protein, egg albumin, whey protein), fibres 10% (fructo-oligosaccharides, inulin, acacia, guar), flavours, L-carnitine tartrate, magnesium carbonate, choline bitartrate, vitamins (ascorbic acid, nicotinamide, alpha-tocopheryl acetate, calcium pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, folic acid, biotin, cyanocobalamin), sweetener sucralose, antioxidant ascorbic acid.

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FLAVOURS/PACKAGING

Banana, Vanilla, Chocolate
Vanilla

550 g can (22 servings)
Display 20 x 25 g

NUTRITION FACTS

Nährwerte/valeurs nutritives/nutrition facts	100 g	1 Portion**	
Energie/energy kJ (kcal)	1420 (335)	820 (167)	
Fett/lipides/fat	0.7 g	0.4 g	
davon gesättigte Fettsäuren/of which saturated fatty acids	0.4 g	0.1 g	
Kohlenhydrate/glucides/carbohydrates	5.0 g	13 g	
davon Zuckerarten/of which sugars	3.2 g	12 g	
Ballaststoffe/fibres alimentaires/fibres	8.0 g	2.0 g	
Eiweiss/protéines/protein	72 g	26 g	
Salz/sel/salt	0.80 g	0.60 g	
Vitamine/vitamin(e)s		%NRV*	%NRV*
E	12 mg	100%	3.0 mg 25%
C	80 mg	100%	20 mg 25%
B1	1.1 mg	100%	0.3 mg 27%
B2	1.4 mg	100%	0.5 mg 36%
B6	1.4 mg	100%	0.4 mg 29%
B12	2.5 µg	100%	0.9 µg 36%
Niacin(e)	16 mg	100%	4.3 mg 27%
Folsäure/acide folique/folic acid	200 µg	100%	60 µg 30%
Biotin(e)	50 µg	100%	15 µg 30%
Pantothensäure/acide pantothénique/pantothenic acid	6.0 mg	100%	2.4 mg 40%
Mineralstoffe/sels minéraux/minerals**		%NRV*	%NRV*
Calcium	1200 mg	150%	555 mg 69%
Magnesium/magnésium	250 mg	67%	90 mg 24%
Phosphor(e)/phosphorus	750 mg	107%	400 mg 57%

*Nährstoffbezugswerte/valeurs nutritionnelles de référence/nutrient reference values/valori nutritivi di riferimento

**1 Portion = 25 g + 250 ml Magermilch/lait écrémé/skim milk (0.1% Fett/graisse/fat). 100 ml fertige Zubereitung enthalten 330 kJ (67 kcal).

Per 100 g (25 g): L-Carnitin(e) 1200 mg (300 mg), Cholin(e) 340 mg (85 mg)

Multi protein powder with L-carnitine, choline, fibres, vitamins and minerals. Vanilla flavoured, with sweeteners.

Carefully produced in Switzerland

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