

HEALTH & VITALITY

MAGNESIUM PLUS

+ POTASSIUM + VITAMIN C + PREBIOTIC FIBRES

PREPARE

BEFORE

DURING

AFTER

QUICK INFO

- X LACTOSE FREE
- X GLUTEN FREE
- X ACID FREE
- NO SWEETENERS
- X NO ARTIFICIAL COLOURS
- X NO PRESERVATIVES

**PRODUCT DESCRIPTION**

Magnesium Plus is a practical food supplement based on magnesium in combination with vitamin C, potassium and soluble food fibres (fructo-oligosaccharides).

One portion bag contains already 50% of the recommended daily allowance of magnesium.

Magnesium contributes to normal-yielding metabolism, to electrolyte balance and – also like potassium – to maintain a normal muscle function. Furthermore, magnesium supports a normal protein synthesis and contributes to a reduction of tiredness and fatigue.

ADVANTAGES

- **1 portion bag covers 50% of the recommended daily allowance of magnesium**
- **With vitamin C and potassium**

UTILISATION

Take 2 x 1 portion daily. Dissolve the content of 1 sachet (6.5 g) in 200-250 ml of water.

Keep out of children's reach. Do not exceed the stated recommended daily dose. Should not be used as a substitute for a varied diet.

INGREDIENTS

Fructo-oligosaccharides 46%, magnesium lactate, potassium citrate, acidulants (citric and malic acid), flavours, vitamin C, colours vegetable extracts, sweeteners (acesulfame K, neotame).

FLAVOUR/PACKAGING

Fruit Mix

Box 20 x 6,5 g

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NUTRITION FACTS

	1 PORTION (6.5 G)		1 DAILY RATION (2 SACHETS = 13 G)	
energy kJ (kcal)	53 (13)		105 (25)	
lipides	0 g		0 g	
of which saturated fatty acids	0 g		0 g	
carbohydrates	0 g		0 g	
of which sugars	0 g		0 g	
fibres (Inulin[e])	2.5 g		5 g	
protein	0 g		0 g	
salt	< 0.1 g		< 0.1 g	
VITAMINS	PER 6.5 G	%NRV*	PER 13 G	%NRV*
C	60 mg	75%	120 mg	150%
MINERALS	PER 6.5 G	%NRV*	PER 13 G	%NRV*
Magnesium	188 mg	50%	375 mg	100%
potassium	300 mg	15%	600 mg	30%

* nutrient reference values

100 ml of the preparation contains 53 kJ (13 kcal)

Mineral drink powder with magnesium, potassium, vitamin C and fructo-oligosaccharides.
Food supplement with fruit mix flavours and sweeteners.

Carefully produced in Switzerland by

Sponser Sport Food AG
CH-8832 Wollerau

Sponser Europe GmbH
D-88131 Lindau