

PRO POWER & MUSCLE

WHEY ISOLATE 94

VANILLA

PREPARE BEFORE DURING AFTER

QUICK INFO

- LACTOSE FREE
- GLUTEN FREE
- ACID FREE
- NO SWEETENERS
- NO ARTIFICIAL COLOURS
- NO PRESERVATIVES



PRODUCT DESCRIPTION

The proteins support growth in the muscle mass and its maintenance. SPONSER® WHEY ISOLATE 94 is a whey protein isolate with an extremely high protein content of 94% in dry substance. The manufacturing through cross flow microfiltration (micro and afterwards ultra filtration, no ion exchange) guarantees the best possible conservation and concentration of valuable protein fractions in their tertiary and quaternary structure, which gets otherwise lost during the ion exchange. At the same time, this technology allows the lowest fat content and no lactose for the highest biological value (170 according to Oser).

ADVANTAGES

- **Lactose free, gluten free**
- **Best possible protein quality through cross-flow microfiltration**
- **High content in essential amino acids, especially in BCAA (250 mg/g pure protein)**
- **Neutral version ideal for protein enrichment of other nutrients or beverages.**
- **Good solubility**
- **Water-soluble**

UTILISATION

To be taken up to 30 min before or right after training.

2 scoops (approx. 20 g) + approx. 200 ml of milk.

If preparing with water, increase amount of powder. 25 g powder + 150 ml water.

As part of a varied and balanced diet and a healthy lifestyle.

INGREDIENTS

Whey protein isolate 97% (Ireland), flavours, vanilla extract and seeds 0.6%, emulsifier sunflower lecithin, sweetener sucralose.

FLAVOURS/PACKAGING

Strawberry, Vanilla, Chocolate, Mango, Lemon-Yoghurt

Neutral, Banana, Vanilla, Chocolate, Caffè Latte

Vanilla

Neutral, Banana, Chocolate, Vanilla, Strawberry

All flavours

425 g can (21 servings)

850 g can (42 servings)

Display 20 x 20 g

1500 g can (60-75 servings)

Bag 2000 g (60-75 servings)

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PAGE 2

NUTRITION FACTS

Nährwerte/valeurs nutritives/nutrition facts	100 g	1 Portion**	
Energie/energy kJ (kcal)	1570 (370)	390 (92)	
Fett/lipides/fat	1.0 g	0.3 g	
davon gesättigte Fettsäuren/of which saturated fatty acids	0.6 g	0.2 g	
Kohlenhydrate/glucides/carbohydrates	2.0 g	0.5 g	
davon Zuckerarten/of which sugars	0.7 g	0.2 g	
Eiweiss/protéines/protein	88 g	22 g	
Salz/sel/salt	0.78 g	0.20 g	
Mineralstoffe/sels minéraux/minerals	%NRV*	%NRV*	
Calcium	450 mg	56%	113 mg 14%
Phosphor(e)/phosphorus	220 mg	31%	55 mg 8%
Kalium/potassium	450 mg	23%	113 mg 6%

*NRV, nutrient reference values; **1 Portion = 25 g + 150 ml Wasser.
100 ml fertige Zubereitung enthalten 260 kJ (61 kcal).

amino acids per 100 g of pure protein		
essentials	histidine	1.9 g
	isoleucine	7.1 g
	leucine	11.6 g
	lysine	10.1 g
	methionine + cysteine	4.3 g
	phenylalanine + tyrosine	6.6 g
	threonine	8.3 g
	tryptophan	2.0 g
	valine	6.2 g
non-essentials	alanine	5.5 g
	arginine	1.9 g
	aspartic acid	11.5 g
	glutamic acid	20.5 g
	glycine	1.7 g
	proline	6.1 g
	serine	4.6 g

Biological value (Oser): 170 (whole egg = 155)
Total BCAA (leucine, isoleucine, valine): 250 mg/g of pure protein

Whey protein isolate. With sweeteners, Vanilla flavoured.

Carefully produced in Switzerland for Sponser:

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Sponser Europe GmbH
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