

ENERGY

HIGH ENERGY BAR

71% CARBO 8% PROTEIN

BANANA

PREPARE BEFORE DURING AFTER

QUICK INFO

- LACTOSE FREE
- GLUTEN FREE
- ACID FREE
- NO SWEETENERS
- NO ARTIFICIAL COLOURS
- NO PRESERVATIVES



PRODUCT DESCRIPTION

The ideal high quality cereal bars with short, medium and long chain carbohydrates for a progressive energy supply, based on sugars and oats. Medium chain vegetable oils (MCT) supply additional energy.

ADVANTAGES

- **Very high energy density**
- **Established product in high-performance sports**

UTILISATION

For energy provisions take about 1 hour before and, depending on the intensity and the tolerance, also during the performance. It is also suitable as snack in everyday life.

INGREDIENTS

Fructose-glucose syrup, glucose syrup, rice crisp (rice, **wheat** malt, glucose, sugar, salt), **oat** bran 14%, maltodextrin, coconut and rapeseed oil 5.6% (MCT¹), dried bananas 4.2%, **milk** protein (contains **lactose**), **oat** flakes 4.2%, flavour, acidulant citric acid. May contain traces of **soya** and **nuts**.

ENERGY

HIGH ENERGY BAR

71% CARBO 8% PROTEIN

BANANA

PAGE 2

FLAVOURS/PACKAGING

Apricot-Vanilla	Display 30 x 45 g
Banana	Display 30 x 45 g
Berry	Display 30 x 45 g
Salty	Display 30 x 45 g

NUTRITION FACTS

Nährwerte/valeurs nutritives/nutrition facts	100 g	1 Riegel/ bar(re)
Energie/energy kJ (kcal)	1621 (384)	727 (172)
Fett/lipides/fat	7.2 g	3.2 g
davon gesättigte Fettsäuren/ of which saturates (incl. MCT ¹)	5.8 g	2.6 g
Kohlenhydrate/glucides/carbohydrates	71 g	32 g
davon Zuckerarten/of which sugars	28 g	13 g
Ballaststoffe/fibres alimentaires/fibres	3.0 g	1.3 g
Eiweiss/protéines/protein	7.5 g	3.4 g
Salz/sel/salt	0.25 g	0.10 g

per 100 g (45 g): Natrium/sodium 100 mg (40 mg), MCT¹ 5.6 g (2.5 g)

¹MCT: mittelkettige Fettsäuren/acides gras à chaîne moyenne/medium-chain fatty acids

High Energy Bar with oat and oat bran for athletes. Banana flavoured.

Carefully produced in Switzerland.

Sponser Sport Food AG
CH-8832 Wollerau
www.sponser.ch

Sponser Europe GmbH
D-88131 Lindau
www.sponser.de

15035/04